

Firstly, make sure it is in the Timekeeping Mode.

DST Setting
Module : 5371

Timekeeping Mode



World Time Mode



Tide/Moon
Data Mode



Stopwatch Mode



To return to the Timekeeping Mode from any other mode,
hold down "B" button for about two seconds.



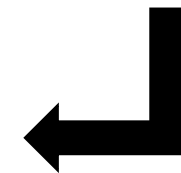
Receive Mode



Alarm Mode



Countdown Timer
Mode





1. In the Timekeeping Mode, pull out the crown.



2. "CITY" will flash on the digital display.



3. Rotate the crown to move the second hand to the city code of the city you want.



4. Press "B" button.



5. DST off or on will display on the screen.



6. Rotate the crown to toggle Off and On.



7. DST on will display on the screen.



8. Every time you rotate the crown, DST setting will toggle as below.



9. After the setting are the way you want, push the crown back in.

